



## TRAINING COURSE

## KEY COMPETENCES FOR ADULT EDUCATION PROFESSIONALS

Topic 1: Increasing Intercultural Competences of Trainers: Adult education plays a vital role in the current migration and refugee situation in Europe. When teachers and learners come from different cultures, a series of challenges may arise. So, adult educators need to improve their cultural understanding and flexibility skills taking into account the current situation with migrants, and adults with low incomes. In this course, the participants will increase their cultural awareness and improve their intercultural communication skills, empathy, tolerance and mental and behavioural flexibility. The participants will also have the opportunity to discuss and reflect on concepts such as ethnocentrism, racism, discrimination, segregation, and get insights on how to teach them in creative ways. Thanks to this course, the participants will experience themselves the methods of building intercultural competences while also reflecting on how to apply them to their context.

Topic 2: Effective Techniques and Good Practices in Non-formal and Informal Education of Adults: Trainers, educators and facilitators will have an opportunity to develop, analyse and better understand the difficult situation connected with working with groups and use them as an opportunity for growth and professional development. This course will ensure participants to learn cases of international good practice concerning non-formal and informal education and training of adult learners. The participants will have the opportunity to understand the essential elements of instructional design and organization of courses and activities, including cultural, for adults. It will be also possible for participants to be familiar with technologies and experiment with ICT tools that can be used in adult education and discuss characteristics of an adult learner and effective teaching strategies in adult education. Besides, the participants will take the advantage of discussing motivational strategies to encourage adult learners to start and continue studying.